

U Kuurgalka Dhaqanka Dhalinyarada Degmada Dugsiga Midaysan Ee San Diyeege Ee Halista Ah Ee 2021

U kuurgalkaan wuxuu ku saabsan yahay dhaqamada la xiriira caafimaadka. Waxaa loo sameeyey sidaad noogu sheegtid waxyaabaha aad sameysid oo saameeyo caafimaadkaaga. Maclumaadka aad soo gudbiso waxaa loo isticmaali doonaa in lagu wanaajiyo wax barashada ku saabsan caafimaadka oo loogu talagalay dhalinyarada oo adigoo kale ah.

Magacaaga HA KU qorin u kuurgalkaan. Jawaabaha aad bixiso waxay ahaan doonaan qarsoodi. Qofna ma ogaan doono waxaad qortid. Su'aalaha oga jawaab si ku salaysan waxa dhabta ah ee aad sameyso.

Buuxitaanka u kuurgalkaan waa wax uu qofka xor u yahay. Hadii aad ka jawaabto ama aadan ka jawaabin su'aalaha ma saamayn doonto buundada aad ku haysato galaaska. Hadii aadan raali ka ahayn inaad ka jawaabto su'aal, iska dhaaf oo waxba ka ku qorin.

Su'aalaha wax kaa weydiinaayo taariikhdaada waxaa loo isticmaali doonaa oo keliya in lagu sharaxo noocyada kala duwan ee ardayda oo buuxinaayo u kuurgalkaan. Maclumaadka looma isticmaali doono in lagu ogaado magacaaga. Waligeed lama sheegi doono magacyaasha.

Hubi inaad akhirisid su'aal kasta. Si dhammeystiran u buuxi wareegyasha (ovals). Markaad dhammeyso, waxaad dhegaysataa waxa uu kuu sheego qofka ku siinaayo u kuurgalka.

Aad ayaad oga mahadsan tahay caawinaadkaaga.

Habka looga jawaabaayo u kuurgalka:
Waxaad isticmaashaa qalinka rasaasta uu ku qoran yahay lambarka 2 (No. 2) keliya.
Waxaad sameysaa calaamado madow. Sidaan oo kale u buuxi jawaabta: A B ● D.
Hadii aad bedeshid jawaabtaada, si fiican u tirtir jawaabtaadi hore.

1. Meeqo sano ayaad jirtaa?
 A. 12 sano ama ka yar
 B. 13 sano jir
 C. 14 sano jir
 D. 15 sano jir
 E. 16 sano jir
 F. 17 sano jir
 G. 18 sano jir ama ka weyn
2. Waa maxay jinsigaagu?
 A. Dheddig
 B. Lab
3. Fasalkee dhigataa?
 A. Fasalka 9laad
 B. Fasalka 10naad
 C. Fasalka 11naad
 D. Fasalka 12naad
 E. Iimo qorno fasal (ungraded) ama fasal kale
4. Ma tahay Isbaanish ama Laatiin?
 A. Haa
 B. Maya
5. Waa maxay jinsiyadaada (race)? **(Dooro hal jawaab ama ka badan.)**
 A. Indiyaan Ameerikaan (American Indian) ama U Dashey Alaaska (Alaska Native)
 B. Aasiya
 C. Madoow ama Afrikaan Ameerikaan
 D. U Dhashay Hawaii ama Jasiiradaha Kale Oo Koonfurta Ameerika (Pacific Islander)
 E. Caddaan

6. Intee in le'eg waaye dhererkaaga markaad kabahaaga qabin? Habka looga jawaabaayo u kuurgalka (Directions): Dhererkaaga ku qor sanduuqyaasha eberka ah oo xoogaha yar madow (shaded blank boxes). Buuxi wareega (oval) u dhigma oo ku hoos yaalo lambar kasta.

Tusaale

Dhererka	
Talaabo	Inji
5	7
3	0
4	1
●	2
5	3
6	4
	5
	6
	●
	8
	9
	10
	11

7. Intee in le'eg waaye miisaankaaga markaad kabahaaga qabin? Habka looga jawaabaayo u kuurgalka (Directions): Miisaankaaga ku qor sanduuqyaasha eberka ah oo xoogaha yar madow (shaded blank boxes). Buuxi wareega (oval) u dhigma oo ku hoos yaalo lambar kasta.

Tusaale

Miisaanka		
Rodol (Pounds)		
1	5	2
0	0	0
●	1	1
2	2	●
3	3	3
	4	4
	●	5
	6	6
	7	7
	8	8
	9	9

8. Midkee ka mid ah waxyaabaha soo socda ayaa sida ugu fiican kuu tilmaamaya?
- Qof jinsiga kale rabo
 - Qof jinsigiisa rabo
 - Qof labada jinsi rabo
 - Waxaan ku sharaxaa aqoonsigeyga galmada qaab kale
 - Ma hubo aqoonsigeyga galmada (waan is weydiinayaa)
 - Ma ogi waxay su'aashaan i weydiineyso
9. Dadka qaarkood markey is sharaxayaan waxay isku tilmaamaan inay yihiin transgender markey is dhahaan jinsiga ay ku dhasheen ayaa ka duwan sida ay oga fikiraan iyo ay ka dareensan yihiin jinsigooda. Ma tahay transgender?
- Maya, ma ihi transgender
 - Haa, waan ahay transgender
 - Ma hubi inaan ahay transgender
 - Ma ogi waxay su'aashaan i weydiineyso
10. Qofka muuqaal kiisa, qaab kiisa, labis kiisa, ama habka uu u socdo ama u hadlo ayaa laga yaabaa inay saameyso sida ay dadka u tilmaamaan. Sidee u maleyneysaa inay dadka kale oo joogaa dugsiga ay kugu tilmaami doonaan?
- Aad dheddignimo
 - Badanaa dheddignimo
 - Xoogaha dheddignimo
 - U dhexeeya dheddignimo iyo ninnimo
 - Xoogaha ninnimo
 - Badanaa ninnimo
 - Aad ninnimo

Waxay 3'da su'aalood ee soo socda wax kaa weydiin doonaan ammaanka.

11. Intii lagu jiray 30'kii maalmood ee la soo dhaafey, meeqa jeer ayaad **raacdey** gaari ama waxyaabaha kale oo sida gaariga loo wadi karo (other vehicle) **oo qofka wadey uu ahaa qof khamri soo cabey?**
- 0 (marnaba)
 - 1 mar
 - 2 ama 3 mar
 - 4 ama 5 mar
 - 6 mar ama ka badan
12. Intii lagu jiray 30'kii maalmood ee la soo dhaafey, meeqa jeer ayaad **wadey** gaari ama waxyaabaha kale oo sida gaariga loo wadi karo (other vehicle) **adigoo khamri soo cabey?**
- Ma wadin gaari ama waxyaabaha kale oo sida gaariga loo wadi karo 30-kii maalmood ee la soo dhaafey
 - 0 (marnaba)
 - 1 mar
 - 2 ama 3 mar
 - 4 ama 5 mar
 - 6 mar ama ka badan
13. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood ee ka mid ah ayaad **diratay fariinta taleefoonka ee qoraalka ah (text) ama iimayl** adigoo **wado** gaari ama waxyaabaha kale oo sida gaariga loo wadi karo?
- Ma wadin gaari ama waxyaabaha kale oo sida gaariga loo wadi karo 30-kii maalmood ee la soo dhaafey
 - 0 (Hal maalin xitaa ma sameynin)
 - 1 ama 2 maalmood
 - 3 ilaa 5 maalmood
 - 6 ilaa 9 maalmood
 - 10 ilaa 19 maalmood
 - 20 ilaa 29 maalmood
 - Dhammaan 30'ka maalmood

Waxay 12'ka su'aalood ee soo socda wax kaa weydiin doonaan dabeecadaha iyo waxyaabaha aad lasoo kulantey ee la xiriira rabshada.

14. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood ee ka mid ah ayaad **xarunta dugsiga** u soo qaadatay **hub** sida xabad, mindi, ama bud (club)?
- A. 0 (Weligey ma soo qaadanin)
 - B. 1 maalin
 - C. 2 ama 3 maalmood
 - D. 4 ama 5 maalmood
 - E. 6 maalmood ama ka badan
15. **Intii lagu jiray 12'kii bilood ee la soo dhaafey**, meeqa maalmood oo ka mid ah ayaad qaadatey **xabad**? (**Ha tirinin** maalmaha aad xabad u qaadatey inaad wax ku ugaarsato (hunting) ama waxyaabaha oo shiish barka oo kale ah (target shooting).
- A. 0 (Weligey ma qaadanin)
 - B. 1 maalin
 - C. 2 ama 3 maalmood
 - D. 4 ama 5 maalmood
 - E. 6 maalmood ama ka badan
16. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood oo ka mid ah **ayaad aadin** dugsiga sababtoo ah waxaad dareentay inuu dugsiga ama wadada aad ku qaadatid ama oga imaatid aysan ammaan lahayn (unsafe)?
- A. 0 (ima dhaafin maalin)
 - B. 1 maalin
 - C. 2 ama 3 maalmood
 - D. 4 ama 5 maalmood
 - E. 6 maalmood ama ka badan

17. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa jeer oo ka mid ah ayuu qof kuugu hanjabay (threatened) ama wax kugu gaarsiiyey (injured) **hub (weapon)** sida xabad, mindi, bud **adigoo joogtid xarunta dugsiga**?
- A. 0 (marnaba)
 - B. 1 mar
 - C. 2 ama 3 mar
 - D. 4 ama 5 mar
 - E. 6 ama 7 mar
 - F. 8 ama 9 mar
 - G. 10 ama 11 mar
 - H. 12 mar ama ka badan
18. Intii lagu jiray 12-kii bilood ee la soo dhaafey meeqa jeer oo ka mid ah ayaa gashey **dagaal gacanta la isu la tagaayo adigoo jootid xarunta dugsiga**?
- A. 0 (marnaba)
 - B. 1 mar
 - C. 2 ama 3 mar
 - D. 4 ama 5 mar
 - E. 6 ama 7 mar
 - F. 8 ama 9 mar
 - G. 10 ama 11 mar
 - H. 12 mar ama ka badan
19. Weligaa xaafadaada ma ku aragtay qof jirkiisa la weeraray, la garaacay, la tooreeyay, ama la toogtay?
- A. Haa
 - B. Maya
20. Weligaa ma lagugu qasbey inaad qof galmo la sameyso adigoo aadan rabin?
- A. Haa
 - B. Maya

21. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa jeer oo ka mid ah ayuu **qof aad isla socoteen ama aad is raac-raaceyseen** kugu qasbey inaad sameyso waxyaabo la xiriira galmada oo aadan rabin inaad sameyso? (Tiri waxyaabaha ka mid ah sida shumiska, taabashada, ama galmada oo qofka lagu qasbo.)
- A. Qofna ma la soconin ama ma raacin 12-kii bilood ee la soo dhaafey
- B. 0 (marnaba)
- C. 1 mar
- D. 2 ama 3 mar
- E. 4 ama 5 mar
- F. 6 mar ama ka badan
22. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa jeer oo ka mid ah ayuu **qof aad isla socoteen ama is raac-raaceyseen** si kas ah jirkaaga wax u gaarsiiyey? (Tiri waxyaabaha ka mid ah sida feer la siku dhufto, meel sida darbiga oo kale la isku dhufto, ama dhaawac ka imaadey shay ama hub.)
- A. Qofna ma la soconin ama ma raacin 12-kii bilood ee la soo dhaafey
- B. 0 (marnaba)
- C. 1 mar
- D. 2 ama 3 mar
- E. 4 ama 5 mar
- F. 6 mar ama ka badan
23. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa jeer oo ka mid ah ayuu **qof aad isla socoteen ama is raac-raaceyseen** si kas ah isku dayey inuu ku xukumo ama dareenkaaga dhaawaco? (Tiri waxyaabaha ka mid ah sida in lagu sheegay qofka aad waqti la qaadan karto ama aadan waqti la qaadan karin, dadka hortooda lagugu ceebeeyey, ama lagu hanjabay hadii aadan sameynin wax ay rabeen inaad sameyso.)
- A. Qofna ma la soconin ama ma raacin 12-kii bilood ee la soo dhaafey
- B. 0 (marnaba)
- C. 1 mar
- D. 2 ama 3 mar
- E. 4 ama 5 mar
- F. 6 mar ama ka badan
24. Weligaa ma lagu siiyey lacag, meel aad joogto, cunto, ama wax kale oo qiimo leh oo laguugu bedelaayo galmo?
- A. Haa
- B. Maya
25. Weligaa qof weyn ama qof kaa weyn ugu yaraan 5 sanno ma kugu qasbay waxyaabo la xiriira galmada oo aadan rabin inaad sameyso? (Tiri waxyaabaha ka mid ah sida shumiska, taabashada, ama galmada oo qofka lagu qasbo.)
- A. Haa
- B. Maya
- Waxay 5'ta su'aalood ee soo socda wax kaa weydiin doonaan waxyaabaha aad kala kulantey waalidiintaada ama dadka kale ee weyn ee jooga gurigaaga.**
26. Inta aad noolayd, meeqa mar ayuu waalid ama qof kale ee weyn oo jooga gurigaaga kugu dhahay erreyo xun, ku aflagaadeeyay, ama hoos kuu dhigay?
- A. Marnaba
- B. Marar dhif ah
- C. Mararka Qaarkood
- D. Inta badan
- E. Had iyo jeer
27. Intii lagu jiray 12'kii bilood ee lasoo dhaafey, meeqa mar ayuu waalid ama qof kale ee weyn oo jooga gurigaaga kugu dhahay erreyo xun, ku aflagaadeeyay, ama hoos kuu dhigay?
- A. 0 (marnaba)
- B. 1 mar
- C. 2 ama 3 mar
- D. 4 ama 5 mar
- E. 6 mar ama ka badan
28. Inta aad noolayd, meeqa mar ayuu waalid ama qof kale ee weyn oo jooga gurigaaga wax kugu dhuftay, ku garaacay, ku darbeeyay, ama wax gaarsiiyay jir kaaga nooc kasta ay tahay'ba?
- A. Marnaba
- B. Marar dhif ah
- C. Mararka Qaarkood
- D. Inta badan
- E. Had iyo jeer

29. Intii lagu jiray 12'kii bilood ee lasoo dhaafey, meeqa mar ayuu waalid ama qof kale ee weyn oo jooga gurigaaga wax kugu dhuftay, ku garaacay, ku darbeeyay, ama wax gaarsiiyay jir kaaga nooc kasta ay tahay'ba?
- A. 0 (marnaba)
 B. 1 mar
 C. 2 ama 3 mar
 D. 4 ama 5 mar
 E. 6 mar ama ka badan
30. Inta aad noolayd, meeqa mar ayey waalidiintaada ama dad kale oo weyn oo jooga gurigaaga is dharbaaxeen, wax isku dhufteen, is darbeeyeen, is feereen, ama is garaaceen?
- A. Marnaba
 B. Marar dhif ah
 C. Mararka Qaarkood
 D. Inta badan
 E. Had iyo jeer

Waxay 4'ta su'aalood ee soo socda wax kaa weydiin doonaan xoog-sheega (bullying). Xoog-sheega waxaa waaye markuu 1 arday ama ka badan si joogta ah u foorjeeyo, u hanjabo, been ka sheego, wax ku dhufto, riixo, ama wax gaarsiiyo arday kale. Xoog-sheeg ma aha markey 2 arday oo isku xoog iyo awood ah ay murmaan ama dagaalaan ama si saaxiibtinimo ah isku foorjeeyaan.

31. Intii lagu jiray 12'kii bilood ee la soo dhaafey, weligaa xoog ma lagu sheegtay **adigoo jooga xarunta dugsiga?**
- A. Haa
 B. Maya
32. Intii lagu jiray 12'kii bilood ee la soo dhaafey weligaa xoog ma lagu sheegtay **hab elektaroonig ah?** (Tiri xoog-sheega loo maro fariinta taleefoonka [texting], Instagram, Facebook, ama nooc kale oo ka mid ah warbaahinta bulshada [social media].)
- A. Haa
 B. Maya

33. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa jeer oo ka mid ah ayaa lagu dhibaateeyey sababtoo ah qof ayaa u maleeyey inaad tahay nin nimanka rabo, dumar dumarka rabto ama qof labada jinsi'ba rabo?
- A. 0 (marnaba)
 B. 1 mar
 C. 2 ama 3 mar
 D. 4 ama 5 mar
 E. 6 mar ama ka badan
34. Intii lagu jiray 12'kii bilood ee la soo dhaafey weligaa qof ma foorjeeysey ama waxyaabo ma ugu yeertey sababtoo ah waxaad u maleyneysay inuu qof kaas yahay nin nimanka rabo, dumar dumarka rabto, ama qof dumarka iyo raga rabo?
- A. Haa
 B. Maya

Waxay 2'da su'aalood ee soo socda wax kaa weydiin doonaan fariinta aan wanaagsanayn oo teleefoonka la isugu diro oo loo yaqaano sexting.

35. Intii lagu jiray 30'kii maalmood ee la soo dhaafey, fariinta taleefoonka lagu diro (text) ama iimayl ahaan ma ku dirtay ama meel kale ma galisey sawirkaaga oo muujinaayo adigoo meel ka qaawan.
- A. Haa
 B. Maya
36. Intii lagu jiray 30'kii maalmood ee la soo dhaafey sawirkaaga oo muujinaayo adigoo meel ka qaawan ma lagu diray fariinta taleefoonka (text) ama iimayl ahaan ama meel kale ma la geliyey adigoo aan ogoleyn?
- A. Haa
 B. Maya
 C. Ma hubo

Waxay su'aasha ku xigta wax kaa weydiin doontaa inaad si ula kac ah waxyeeshay naftaada.

37. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa mar oo ka mid ah ayaad sameysey wax aad si kas ah isugu dhaawacaysid adigoo aan dooneynin inaad dhimato, sida inaad kas isku jarto ama kas isku gubto?
- A. 0 (marnaba)
 - B. 1 mar
 - C. 2 ama 3 mar
 - D. 4 ama 5 mar
 - E. 6 mar ama ka badan

Waxay 2'da su'aalood ee soo socda wax kaa weydiin doonaan waqtiyo aad dareentay in laguula dhaqmay si xun ama si cadaalad daro ah.

38. Inta aad noolayd, meeqa mar ayaad dareentay in laguula dhaqmay si xun ama si cadaalad daro ah iyadoo ay sababtu ahayd jinsiyadaada ama qowmiyadaada?
- A. Marnaba
 - B. Marar dhif ah
 - C. Mararka Qaarkood
 - D. Inta badan
 - E. Had iyo jeer
39. Inta aad noolayd, meeqa mar ayaad dareentay in laguula dhaqmay si xun ama si cadaalad daro ah iyadoo ay sababtu ahayd nooca jinsiyada aad isku aragto?
- A. Marnaba
 - B. Marar dhif ah
 - C. Mararka Qaarkood
 - D. Inta badan
 - E. Had iyo jeer

Waxay 4'ta su'aalood ee soo socda wax kaa weydiin doonaan dareenka murugada leh iyo isku dayida uu qofka isku dayaayo inuu is dilo. Mararka qaarkood dadka waxay dareemaan niyad-jab marka ay ka fikirnaan mustaqbalka markaas waxaa laga yaabaa inay ka fikirnaan inay is dilaan, taas oo ah waxay qaataan talaabo ay rabaan inay isku dilaan.

40. Intii lagu jiray 12'kii bilood ee la soo dhaafey, weligaa ma dareentay murugo ama rajo la'aan wax ku dhow maalin kasta oo **labo asbuuc ama ka badan oo isku xiga ah** oo sababtey inaad joojiso waxyaabo aad caadi ahaantii u sameyn jirtey?
- A. Haa
 - B. Maya
41. Intii lagu jiray 12'kii bilood ee la soo dhaafey weligaa si **dhab ah** ma oga fikirtey inaad isku daydo inaad is disho?
- A. Haa
 - B. Maya
42. Intii lagu jiray 12'kii bilood ee la soo dhaafey, meeqa mar oo ka mid ah ayaad si dhab ah isku dayday inaad is disho?
- A. 0 (marnaba)
 - B. 1 mar
 - C. 2 ama 3 mar
 - D. 4 ama 5 mar
 - E. 6 mar ama ka badan
43. **Hadii aad isku dayday inaad is disho** intii lagu jiray 12'kii bilood ee la soo dhaafey, mar ka mid ah ma ku gaarey dhaawac, ama wax sun ah ma gashey jirkaaga, ama si xad-dhaaf ah wax ma u qaadatey (overdose) oo aad u baahatey inuu dhakhtar ama kal-kaaliye caafimaad kaa daaweeyo?
- A. **Isku ma dayin inaan is dilo** intii lagu jiray 12'kii bilood ee la soo dhaafey
 - B. Haa
 - C. Maya

Waxay 2'da su'aalood ee soo socda wax kaa weydiin doonaan cabitaanka sigaarka.

44. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood oo ka mid ah ayaad cabtey sigaar?
- A. 0 (Hal maalin xitaa ma cabin)
 - B. 1 ama 2 maalmood
 - C. 3 ilaa 5 maalmood
 - D. 6 ilaa 9 maalmood
 - E. 10 ilaa 19 maalmood
 - F. 20 ilaa 29 maalmood
 - G. Dhammaan 30'ka maalmood

45. Intii lagu jiray 30'kii maalmood ee la soo dhaafey, maalmaha aad sigaar cabtey, meeqa sigaar ayaad cabtey **maalintiiba**?
- Ma cabin sigaar intii lagu jiray 30'kii maalmood ee la soo dhaafey
 - In ka yar 1 sigaar maalintii
 - 1 sigaar maalintii
 - 2 ilaa 5 sigaar maalintii
 - 6 ilaa 10 sigaar maalintii
 - 11 ilaa 20 sigaar maalintii
 - In ka badan 20 sigaar maalintii

Waxay 3'da su'aalood ee soo socda wax kaa weydiin doonaan qalabka elektarooniga ah ee lagu cabo sigaarka (electronic vapor products) sida JUUL, SMOK, Suorin, Vuse, iyo blu. Qalabka elektarooniga ah ee lagu cabo sigaarka (electronic vapor products) waxaa ka mid ah e-cigarettes, vapes, vape pens, e- cigars, e-hookahs, hookah pens, iyo mods.

46. Weligaa ma isticmaashey qalabka elektarooniga ah ee lagu cabo sigaarka?
- Haa
 - Maya
47. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood ee ka mid ah ayaad isticmaashey qalabka elektarooniga ah ee lagu cabo sigaarka?
- 0 (Hal maalin xitaa ma isticmaalin)
 - 1 ama 2 maalmood
 - 3 ilaa 5 maalmood
 - 6 ilaa 9 maalmood
 - 10 ilaa 19 maalmood
 - 20 ilaa 29 maalmood
 - Dhammaan 30'ka maalmood

48. Intii lagu jiray 30'kii maalmood ee la soo dhaafey sidee **inta badan** u heli jirtey qalabkaaga elektarooniga ah ee lagu cabo sigaarka? (Doo **hal** jawaab keliya.)
- Ma isticmaalin qalabka elektarooniga ah ee lagu cabo sigaarka intii lagu jiray 30'kii maalmood ee la soo dhaafey
 - Waxaan ka helay ama ka gatey saaxiib, qof ka mid ah qoyskayga, ama qof kale
 - Keligay ayaa kasoo gatey dukaanka lagu gado waxyaabaha loo yaqaano vape ama dukaanka tubaakada
 - Keligay ayaa kasoo gatey dukaan yar (convenience store), dukaan weyn (supermarket), dukaan lagu iibiyo waxyaabo raqiis ah (discount store), ama rugta baasiinka (gas station)
 - Keligay ayaa kasoo gatey goobta dukaamada (mall) ama meel ku dhex-taalo (kiosk ama stand) xarun laga adeegto
 - Keligay ayaa kasoo gatey internetka, sida websaytka shayga la iibinaayo, websaytka dukaanka waxa loo yaqaano vape, ama websayt kale sida eBay, Amazon, Facebook Marketplace, ama Craigslist
 - Waxaan ka qatey dukaan ama qof kale
 - Waxaan ku helay hab kale

Waxay su'aasha ku xigta wax kaa weydiin doontaa dhammaan waxyaabaha tubaakada (all tobacco products). Fadlan ka fikir sigaarka, waxyaabaha la isticmaalo ee elektarooniga ah ee loo yaqaano electronic vapor products, tubaakada aan qiiqa lahayn (tubaakada la calaliyo), kuwa loo yaqaano snuff, dip, snus, ama tubaakada la isticmaalo ee baaba'do), sigaarka weyn ee loo yaqaano cigars (oo ka mid ah cigar'ka yaryar [little cigars] ama kuwa loo yaqaano cigarillos), shiishada ama tubaakada shiishada, iyo tubaakada tuubada (pipe tobacco) marki aad ka jawaabeyso su'aashaan.

49. Intii lagu jiray 12'kii bilood ee la soo dhaafey, weligaa ma isku dayday **inaad joojiso** isticmaalka **dhammaan** waxyaabaha tubaakada?
- A. Ma isticmaalin sigaar, waxyaabaha la isticmaalo ee elegtarooniga ah ee loo yaqaano electronic vapor products, tubaakada aan qiiqa lahayn, sigaarka weyn (cigars), shiishada ama tubaakada shiishada, ama tubaakada tuubada intii lagu jiray 12'kii bilood ee la soo dhaafey
- B. Haa
- C. Maya

Waxay 2'da su'aalood ee soo socda wax kaa weydiin doonaan cabitaanka khamriga. Waxaa ka mid ah noocyaasha khamriga oo loo yaqaano beer, wine, cabitaanada khamriga ee dhadhanka leh, iyo khamriga loo yaqaano liquor sida rum, gin, vodka, ama whiskey. Su'aalahaaneyto cabitaanka khamriga ka ma wadaan dhowr mar uu qofka kabado khamriga loo yaqaano wine uu qofka u cabaayo diin ahaan.

50. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood ee ka mid ah ayaad cabtey ugu yaraan hal cabitaan oo khamri ah?
- A. 0 (Hal maalin xitaa ma cabin)
- B. 1 ama 2 maalmood
- C. 3 ilaa 5 maalmood
- D. 6 ilaa 9 maalmood
- E. 10 ilaa 19 maalmood
- F. 20 ilaa 29 maalmood
- G. Dhammaan 30'ka maalmood

51. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa maalmood ee ka mid ah ayaad si isku xigta u cabtey **4** cabitaan ama ka badan oo khamri ah, isku xigitaanka waxaa laga wadaa 2 saacadood gudahooda (hadii aad tahay **dhedig**) ama ayaad si isku xiga u cabtey **5** cabitaan ama ka badan oo khamri ah, isku xigitaanka waxaa laga wadaa 2 saacadood gudahooda (hadii aad tahay **lab**)?
- A. 0 (Ma sameynin)
- B. 1 maalin
- C. 2 maalmood
- D. 3 ilaa 5 maalmood
- E. 6 ilaa 9 maalmood
- F. 10 ilaa 19 maalmood
- G. 20 maalmood ama ka badan

Waxay 2'da su'aalood ee soo socda wax kaa weydiin doonaan isticmaalka daroogada (marijuana). Daroogada loo yaqaano marijuana waxaa kale oo loo yaqaanaa pot ama weed. Xaga su'aalahaan, tirada ha ku darin waxyaabaha la isticmaalo ee ah CBD keliya (CBD-only) ama kuwa loo yaqaano hemp, oo ka imaado isla geedka marijuanada, laakiin aan lagu mirqaameynin marki la isticmaalo keligood.

52. Meeqa sano ayaad jirtey marki ugu horeysey oo aad tijaabisey marijuana?
- A. Weligey ma tijaabinin marijuana
- B. 8 sano ama ka yar
- C. 9 ama 10 sano jir
- D. 11 ama 12 sano jir
- E. 13 ama 14 sano jir
- F. 15 ama 16 sano jir
- G. 17 sano jir ama ka weyn
53. Intii lagu jiray 30'kii maalmood ee la soo dhaafey meeqa mar ee ka mid ah ayaad isticmaashey marijuana?
- A. 0 (marnaba)
- B. 1 ama 2 mar
- C. 3 ilaa 9 mar
- D. 10 ilaa 19 mar
- E. 20 ilaa 39 mar
- F. 40 mar ama ka badan

Waxay su'aasha ku xigta wax kaa weydiin doontaa isticmaalka marijuanada oo kiimikada lagu sameeyo (synthetic marijuana).

Marijuanada kiimikada lagu sameeyo oo loo yaqaano synthetic marijuana waxaa kale oo loo yaqaanaa Spice, fake weed, K2, ama Black Mamba.

54. Inta aad noolayd meeqa jeer ayaad isticmaashey daroogada loo yaqaano synthetic marijuana?
- A. 0 (marnaba)
 - B. 1 ama 2 mar
 - C. 3 ilaa 9 mar
 - D. 10 ilaa 19 mar
 - E. 20 ilaa 39 mar
 - F. 40 mar ama ka badan

Waxay su'aasha ku xigta wax kaa weydiin doontaa isticmaalka daawooyinka loo isticmaalo xanuunka oo u baahan inuu dhakhtar u qoro qofka (prescription pain medicine) iyadoo aan dhakhtar kuu soo qorin ama aad u isticmaashey si ka duwan siduu dhakhtarka ku dhahay u isticmaal. Su'aashaan darteed tirada ku dar daawooyinka sida codeine, Vicodin, OxyContin, Hydrocodone, iyo Percocet.

55. Inta aad noolayd meeqa mar ee ka mid ah ayaad qaadatey **daawooyinka loo isticmaalo xanuunka ee u baahan inuu dhakhtar u qoro qofka (prescription pain medicine)** iyadoo aan dhakhtar kuu soo qorin ama aad u isticmaashey si ka duwan siduu dhakhtarka ku dhahay u isticmaal?
- A. 0 (marnaba)
 - B. 1 ama 2 mar
 - C. 3 ilaa 9 mar
 - D. 10 ilaa 19 mar
 - E. 20 ilaa 39 mar
 - F. 40 mar ama ka badan

Waxay 6'da su'aalood ee soo socda wax kaa weydiin doonaan daroogooyin kale.

56. Inta aad noolayd meeqa mar ayaad isticmaashey nooc **kasta** oo ah daroogada loo yaqaano cocaine oo ka mid ah nooca budada (powder), nooca kale oo loo yaqaano crack, ama nooca loo yaqaano freebase?
- A. 0 (marnaba)
 - B. 1 ama 2 mar
 - C. 3 ilaa 9 mar
 - D. 10 ilaa 19 mar
 - E. 20 ilaa 39 mar
 - F. 40 mar ama ka badan
57. Inta aad noolayd meeqa mar ee ka mid ah ayaad isticmaashey daroogada loo yaqaano **heroin** (oo sidoo kale loo yaqaano smack, junk, ama China White)?
- A. 0 (marnaba)
 - B. 1 ama 2 mar
 - C. 3 ilaa 9 mar
 - D. 10 ilaa 19 mar
 - E. 20 ilaa 39 mar
 - F. 40 mar ama ka badan
58. Inta aad noolayd meeqa mar ee ka mid ah ayaad isticmaashey daroogada loo yaqaano **methamphetamines** (oo sidoo kale loo yaqaano speed, crystal meth, crank, ice, ama meth)?
- A. 0 (marnaba)
 - B. 1 ama 2 mar
 - C. 3 ilaa 9 mar
 - D. 10 ilaa 19 mar
 - E. 20 ilaa 39 mar
 - F. 40 mar ama ka badan
59. Inta aad noolayd meeqa mar ee ka mid ah ayaad isticmaashey daroogada loo yaqaano **ecstasy** (oo sidoo kale loo yaqaano MDMA ama Molly)?
- A. 0 (marnaba)
 - B. 1 ama 2 mar
 - C. 3 ilaa 9 mar
 - D. 10 ilaa 19 mar
 - E. 20 ilaa 39 mar
 - F. 40 mar ama ka badan

60. Inta aad noolayd meeqa mar ayaad isticmaashey irbad si aad jir kaaga ugu durtid daroogo kasta oo **sharci darro** ah?
- A. 0 (marnaba)
 B. 1 mar
 C. 2 mar ama ka badan
61. Intii lagu jiray 12'kii bilood ee la soo dhaafey ma jiraa qof kuu soo bandhigay, kaa iibiyey, ama ku siiyey daroogo sharci darro ah adigoo **joogtid xarunta dugsiga**?
- A. Haa
 B. Maya

Waxay 11'ka su'aalood ee soo socda wax kaa weydiin doonaan dhaqanka la xiriira galmada.

62. Weligaa ma sameysey galmo?
- A. Haa
 B. Maya
63. Meeqa sano ayaad jirtey marki ugu horeysey oo aad sameysey galmo?
- A. Weligey ma sameynin galmo?
 B. 11 sano ama ka yar
 C. 12 sano jir
 D. 13 sano jir
 E. 14 sano jir
 F. 15 sano jir
 G. 16 sano jir
 H. 17 sano jir ama ka weyn
64. Marki **ugu horeysey** oo aad sameysey galmo, meeqa sano ayuu kaa yaraa ama kaa weynaa qofka kale oo aad la sameysey?
- A. Weligey ma sameynin galmo?
 B. 5 sano ama ka badan iga yaraa
 C. 3 ilaa 4 sano iga yaraa
 D. Da' isku dhow
 E. 3 ilaa 4 sano iga weyn
 F. 5 sano ama ka badan iga weynaa
 G. Ma hubo

65. Inta aad noolayd meeqa qof ayaad la sameysey galmo?
- A. Weligey ma sameynin galmo?
 B. 1 qof
 C. 2 qof
 D. 3 qof
 E. 4 qof
 F. 5 qof
 G. 6 qof ama ka badan
66. Intii lagu jiray 3'dii bilood ee la soo dhaafey meeqa qof ayaad la sameysey galmo?
- A. Weligey ma sameynin galmo?
 B. Waan sameyey galmo, laakiin ma ahayn intii lagu jiray 3'dii bilood ee la soo dhaafey gudahooda
 C. 1 qof
 D. 2 qof
 E. 3 qof
 F. 4 qof
 G. 5 qof
 H. 6 qof ama ka badan
67. Ma cabtey khamri ama ma isticmaashey daroogo intaad sameynin galmada markii **kuugu dambeysey**?
- A. Weligey ma sameynin galmo?
 B. Haa
 C. Maya
68. Markii **kuugu dambeysey** oo aad sameysey galmo adiga ama qofkii kale midkiin ma isticmaaley salbatiibo (condom)?
- A. Weligey ma sameynin galmo?
 B. Haa
 C. Maya

69. Markii **kuugu dambeysey** oo aad galmo la sameysey qof aan jinsigaaga ahayn, maxaa waaye **hal** wax oo aad adiga ama qofkii kale isticmaasheen si aad **oga hortagtiin uurka?** (Dooro **hal** jawaab keliya.)
- Weligey galmo lama sameynin qof aan jinsigayga ahayn
 - Waxna ma isticmaalin si aan oga hortagno uurka
 - Kiniinka ka hortaga uurka (Birth control pills) (tirada **ha ku** darin waxyaabaha sida degdega ah looga hortago uurka [contraception] sida Plan B ama kiniinka loo yaqaano "morning after" oo ah maalinta ku xigta.)
 - Salbatiibo (condom)
 - Qalabka loo yaqaano IUD (sida Mirena ama ParaGard) ama qalabka la dhex-geliyo qofka oo loo yaqaano implant (sida Implanon ama Nexplanon)
 - Talaal (sida Depo-Provera), qalabka lagu dhejiyo qofka oo loo yaqaano patch (sida Ortho Evra), ama qalabka looga hortago uurka oo loo yaqaano birth control ring (sida NuvaRing)
 - Ka soo saar (withdrawal) ama qaab kale
 - Ma hubo
70. Meeqa mar ayaad qaadey uur ama qof kale uur u yeeshay?
- 0 (marnaba)
 - 1 mar
 - 2 mar ama ka badan
 - Ma hubo
71. Weligaa ma ka qayb-qaadatey galmada afka?
- Haa
 - Maya
72. Inta aad noolayd yaad la yeelatay xiriir ku saabsan galmada?
- Weligey ma yeelanin xiriir ku saabsan galmada
 - Dumar
 - Rag
 - Dumar iyo rag

Waxay 3'da su'aalood ee soo socda wax kaa weydiin doonaan dhaqdhaqaaqa jirka (physical activity).

73. Intii lagu jiray 7'dii maalmood ee la soo dhaafey meeqa maalmood ee ka mid ah ayaad jirkaaga dhaqdhaqaaqiisey waqti isugeynta ah **ugu yaraan 60 daqiiqo maalintii?** (Isku dar dhammaan waqtiga aad ku bixisey wax kasta oo jirka looga dhaqdhaqaaqiiso oo kor u qaadey garaaca wadnahaaga [heart rate] iyo kugu kasbey inaad xoog u neefsatid marar ka mid ah.)
- 0 (Hal maalin xitaa ma sameynin)
 - 1 maalin
 - 2 maalmood
 - 3 maalmood
 - 4 maalmood
 - 5 maalmood
 - 6 maalmood
 - 7 maalmood
74. Maalmaha dugsiga ee caadiga ah meeqa saacadood ayaad hor fadhisa telefishiyoonka (TV), kumbuyuutar, taleefoonada cusub ee loo yaqaano smart phone, ama qalab kale oo elektaroonig ah adigoo ka daawanaayo waxyaabaha kasoo galo ee loo yaqaano shows ama fidyowyo, adigoo ku ciyaaraayo waxyaabaha lagu ciyaaro (playing games), adigoo ka galaayo internetka, ama adigoo ka isticmaalayo warbaahinta bulshada (social media) (oo sidoo kale loo yaqaano "waqtiga shaashada" ["screen time"]) (Tirada **ha ku** darin waqtiga aad ku bixisay sameyska shaqada dugsiga.)
- In ka yar 1 saacad maalintii
 - 1 saacad maalintii
 - 2 saacadood maalintii
 - 3 saacadood maalintii
 - 4 saacadood maalintii
 - 5 saacadood ama ka badan maalintii
75. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa kooxood oo ciyaaraha ayaad u ciyaartey? (Tiri koox kasta uu dugsigaaga maamulo ama ay kooxo ka tirsan jaaliyada maamulaan.)
- Kooxna
 - 1 Koox
 - 2 Kooxood
 - 3 kooxood ama ka badan

Waxay su'aasha ku xigta wax kaa weydiin doontaa shoog-maskaxeedka (concussions). Shoog-maskaxeedka (concussions) waxaa waaye markii ay jug oo gaartey madaxa sababto dhibaatooyin sida madax xanuun, dawakhaad (dizziness), inuu qofka wareero, inay qofka ku adkaato xusuusta ama ay ku adkaato inuu si xoog ah wax oga fikiro, matagid, aragtida oo shucaac ka galo, ama inuu qofka miyarka ka tago (knocked out).

76. Intii lagu jiray 12'kii bilood ee la soo dhaafey meeqa mar ayuu kugu dhacay shoog-maskaxeed oo kaa soo gaarey ciyaar aad ciyaareysey ama adigoo si kale jirkaaga u dhaqdhaqaaqiinaayo (physically active)?
- A. 0 (marnaba)
 - B. 1 mar
 - C. 2 (marnaba)
 - D. 3 (marnaba)
 - E. 4 mar ama ka badan

Laga soo bilaabo xiligii hore ee 2020, waxaa Mareykanka iyo aduunka intiisa kale soo marey cudurka loo yaqaano coronavirus (COVID-19) ee faafayo. Iyadoo ay ka mid tahay jawaab-celiska cudurkaan faafayo, waxaa la xiray dugsiyada iyo meelaha ganacsiga iyo waxaa looga baahdey dadka inay joogaan guriga. Iyadoo ay ku xiran tahay meesha aad degan tahay, waxaa laga yaabaa inuu weli socdo waxa aad kala kulantay cudurka faafayo, ama waxaa laga yaabaa inay bulshadaada iyo dugsigaaga ay xoogaha caadi kusoo noqdeen. Waxay 3'da su'aalood ee soo socda wax kaa weydiin doonaan waxyaabaha aad mareyso xiligaan, hadii ay ahaan jirtay xili hore ama ay socoto hada.

77. Inta lagu jiray cudurka faafayo ee loo yaqaano COVID-19, meeqa mar ayuu caafimaadkaaga maskaxda fiicnayn? (Waxaa caafimaadka maskaxda oo liita ka mid ah walbahaarka, walaaca, iyo niyad-jabka.)
- A. Marnaba
 - B. Marar dhif ah
 - C. Mararka Qaarkood
 - D. Inta badan
 - E. Had iyo jeer
78. Ma ku raacsan tahay ama ma diidan tahay in sameyska shaqadaada dugsiga inta lagu jiray cudurka faafayo ee loo yaqaano COVID-19 uu ka adkaa xiligii ka horeeyay intuuusan bilaabanin cudurka faafayo?
- A. Aad ayaan ugu raacsanahay
 - B. Waan ku raacsanahay
 - C. Ma hubo
 - D. Waan diidanahay
 - E. Aad ayaan u diidanahay
79. Inta uu jiray cudurka faafaayo ee loo yaqaano COVID-19, intee jeer ayaad awoodey inaad waqti la qaadato qoyskaaga, saaxiibahaada, ama kooxo kale, sida kooxaha loo yaqaano clubs ama kooxo diimeed, adigoo isticmaalayo kumbuyuutar, taleefoon, ama qalab kale? (Tirada **ha** ku darin dugsiga aad ka dhiganaysay intarnetka.)
- A. Marnaba
 - B. Marar dhif ah
 - C. Mararka Qaarkood
 - D. Inta badan
 - E. Had iyo jeer

Waxay 6'da su'aalood ee soo socda wax kaa weydiin doonaan wax barashada ku saabsan waxyaabaha khuseeyo caafimaadka iyo galmada (sexual health education) oo lagugu barey dugsiga.

80. Weligaa dugsi ma ku soo qaadatey wax barashada galmada?
- A. Haa
 - B. Maya
 - C. Ma hubo

81. Weligaa dugsiga ma lagugu barey qaaditaanka (infection) AIDS ama HIV?
- Haa
 - Maya
 - Ma hubo
82. Weligaa dugsiga ma lagugu barey sida loo isticmaalo salbatiibo (condom) sida looga hortago uurka ama cudurada la isugu gudbiyo galmada (sexually transmitted diseases [STDs]) oo ka mid ah HIV?
- Haa
 - Maya
 - Ma hubo
83. Weligaa dugsiga ma lagugu barey meelaha laga heli karo adeegyada waxyaabaha khuseeyo caafimaadka iyo galmada (sexual health services) sida qalabka looga hortago uurka (birth control), salbatiibo (condoms), ama baaritaanka ama daaweynta HIV ama cudurada kale ee la isugu gudbiyo galmada (sexually transmitted disease [STD])?
- Haa
 - Maya
 - Ma hubo
84. Intii lagu jiray 12'kii bilood ee la soo dhaafey macalin ama qof kale oo weyn oo joogo dugsiga ma kugu caawiney inaad heshid meel aad isaga baari kartid HIV ama cudurada kale ee la isugu gudbiyo galmada (sexually transmitted disease [STD])?
- Intii lagu jiray 12'kii bilood ee la soo dhaafey ma u baahanin inaan helo meel la isaga baari karo HIV ama STD
 - Haa
 - Maya

85. Intii lagu jiray 12'kii bilood ee la soo dhaafey macalin ama qof kale oo weyn oo joogo dugsiga ma kugu caawiney inaad heshid meel aad ka heli kartid qalabka looga hortago uurka (birth control)?
- Intii lagu jiray 12'kii bilood ee la soo dhaafey ma u baahanin inaan helo meel laga heli karo qalabka looga hortago uurka
 - Haa
 - Maya

Waxay 8'da su'aalood ee soo socda wax kaa weydiin doonaan mawduucyo kale oo la xiriira caafimaadka.

86. Weligaa ma lagaa baarey HIV oo ah cudurka sababo AIDS? (Tirada **ha ku** darin baaritaanada aad sameysey hadii aad dhiig bixisey [donated blood].)
- Haa
 - Maya
 - Ma hubo
87. Intii lagu jiray 12'kii bilood ee la soo dhaafey ma lagaa baarey cudur la isugu gudbin karo galmada (sexually transmitted disease [STD]) aan ahayn HIV, sida chlamydia ama gonorrhea?
- Haa
 - Maya
 - Ma hubo
88. Intii lagu jiray 30'kii maalmood ee lasoo dhaafey, meeqa mar ayuu caafimaadkaaga maskaxda fiicnayn? (Waxaa caafimaadka maskaxda oo liita ka mid ah walbahaarka, walaaca, iyo niyad-jabka.)
- Marnaba
 - Marar dhif ah
 - Mararka Qaarkood
 - Inta badan
 - Had iyo jeer

89. Habeenada dugsiga ee caadiga ah (average school night) meeqa saacadood oo hurdo ayaad heshaa?
- 4 saacadood ama ka yar
 - 5 saacadood
 - 6 saacadood
 - 7 saacadood
 - 8 saacadood
 - 9 saacadood
 - 10 saacadood ama ka badan
90. Intii lagu jiray 30'kii maalmood ee la soo dhaafey, intee ayaad badanaa seexan jirtay?
- Guriga waalidkayga ama qofka mas'uulka iga ah
 - Guriga saaxiibkayga, qof ka mid ah qoyskayga, ama qof kale sababtoo ah waxaan u baahday inaan ka tago gurigayga ama waalidkayga ama qofka mas'uulka iga ah ayaan awoodin inuu bixiyo guri qiimahiisa
 - Meel la joogo waqti ku meel-gaar ah (shelter) ama guri si degdeg ah lagu dego (emergency housing)
 - Hoteel yar (motel) ama hoteel weyn (hotel)
 - Gaari gudahiisa, goobta cagaaraha (park), meelaha banaanka oo habeenkii la seexan karo (campground), ama meel kale oo banaan ah (public place)
 - Ma haysto meel caadi ah oo aan seexdo
 - Meel kale
91. Ma ku raacsan tahay ama ma diidan tahay inuu dugsigaaga leeyahay cawaaqib cad oo loogu talagalay ardayda xoog u sheegta ama dhibaateeyo arrayda kale?
- Aad ayaan ugu raacsanahay
 - Waan ku raacsanahay
 - Ma hubo
 - Waan diidanahay
 - Aad ayaan u diidanahay

92. Inta aad noolayd, meeqa mar ayuu jiray qof weyn oo joogo gurigaaga oo aad isugu dayaayey inaad hesho waxyaabaha caadiga ah aad u baahan tahay, sida inuu ilaaliyo amnigaaga ama inuu hubiyo inaad haysato dhar nadiif ah ama wax aad cunto oo kugu filan?
- Marnaba
 - Marar dhif ah
 - Mararka Qaarkood
 - Inta badan
 - Had iyo jeer
93. Weligaa waalidiintaada ama dad kale oo weyn oo ka mid ah qoyskaaga ma kaala hadleen waxa ay kaa filanayaan inaad sameyso ama aadan sameynin marki ay noqoto galmada?
- Haa
 - Maya
 - Ma hubo

Waxay 6'da su'aalood ee soo socda wax kaa weydiin doonaan waxyaabo kale oo laga yaabo inaad soo martay inta aad noolayd.

94. Weligaa ma la noolayd qof ay dhibaato ka haysatay isticmaalka khamri ama daroogo?
- Haa
 - Maya
95. Weligaa ma la noolayd qof niyad jabsan, maskaxda ka xanuunsan, ama ka fikiraayo is-dilitaan?
- Haa
 - Maya
96. Weligaa ma ka maqnayd waalid kaaga ama qof mas'uul kaa ah sababtoo ah waxay aadeen xabsi ama meel lagu haayey?
- Haa
 - Maya

97. Inta aad noolayd, meeqa mar ayaad dareentay inaad awoodo inaad qof weyn oo ka mid ah qoyskaaga ama qofka kale oo weyn oo ku daneenaayo kala hadli karto dareenkaaga?
- A. Marnaba
 - B. Marar dhif ah
 - C. Mararka Qaarkood
 - D. Inta badan
 - E. Had iyo jeer
98. Inta aad noolayd, meeqa mar ayaad dareentay inaad awoodo inaad saaxiibkaaga kala hadli karto dareenkaaga?
- A. Marnaba
 - B. Marar dhif ah
 - C. Mararka Qaarkood
 - D. Inta badan
 - E. Had iyo jeer
99. Ma ku raacsan tahay ama ma diidan tahay dareenka inaad u dhowdahay dadka jooga dugsigaaga?
- A. Aad ayaan ugu raacsanahay
 - B. Waan ku raacsanahay
 - C. Ma hubo
 - D. Waan diidanahay
 - E. Aad ayaan u diidanahay

**Meeshaan waxaa waaye
dhammaadka u kuurgalka.
Aad ayaad oga mahadsan tahay
caawinaadkaaga.**